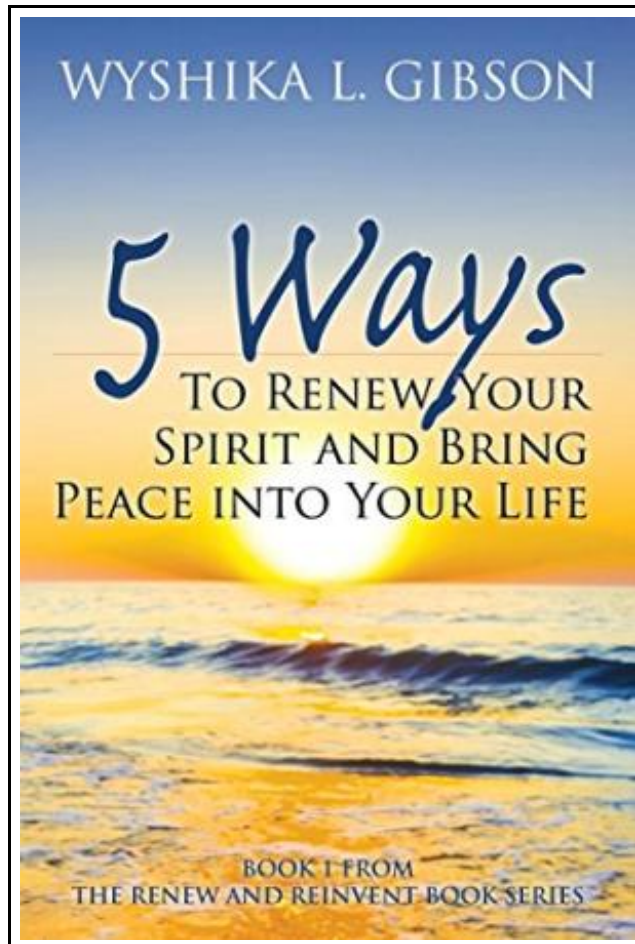


## 5 Ways to Renew Your Spirit and Bring Peace Into Your Life: Book 1 from the Renew and Reinvent Book Series



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*(Prof. Maya Hand)*


## 5 WAYS TO RENEW YOUR SPIRIT AND BRING PEACE INTO YOUR LIFE: BOOK 1 FROM THE RENEW AND REINVENT BOOK SERIES



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Outskirts Press, United States, 2014. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you lived through a painful or traumatic experience that left you feeling emotionally unstable, ashamed, depressed, or lost and alone? Has something from your past kept you in fear, or kept you from loving yourself? Are you tired of hiding behind your pain? Are you holding on to emotional baggage that is keeping you from moving on in life? If you answered yes to any of these questions, it is time to find peace and healing. With the five simple steps outlined in this inspirational guide, you can turn your pain, setbacks, and trials into stepping stones for a positive journey. Learn how God's grace can transform you so that you can transform your life. It is possible to move on to the next chapter with a peaceful and renewed spirit if you let God be your light in darkness! Wyshika Gibson is a transformational messenger who has renewed her spirit and reinvented herself from within by being open and trusting in GOD. She discovered her passion for writing at an early age and hopes her gift will inspire and help people heal and grow. Some of Wyshika's poems have been featured in *Touched by an Angel*; *The New Age News Magazine*; and *The Best of Spiritual Writers Network 2013*, but her proudest accomplishments are her two daughters, Khaliyah and Kirsten.

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