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## 303 TWEEN-APPROVED EXERCISES AND ACTIVE GAMES



Hunter House Publishers. Paperback. Book Condition: New. Michael Sleva (illustrator). Paperback. 168 pages. Dimensions: 8.9in. x 5.9in. x 0.5in. This book is not just for classrooms or families with overweight or unhealthy kids--every family that has children with televisions, computers, and/or video games under one roof should take care to exercise regularly. Tweens spend as much time sitting down watching TV, playing video games, or using computers as they spend in school each week. According to statistics from the U.S....

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- Authored by Kimberly Wechsler
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